

April 8 - April 12, 2024

MEAL	COMPONENT	AGES 1-2	AGES 3-5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Milk	½ cup	¾ cup	Milk	Milk	Milk	Milk	Milk
	Fruit/Vegetable	¼ cup	½ cup	Bananas	Pears	Bananas	Strawberries	Bananas
	Grain/Meat*	½ oz eq	½ oz eq	English Muffins, SB&J	Eggs, Turkey Sausage	Waffles	Cocoa Puffs	Blueberry Chex
	Yogurt	¼ cup	½ cup				Yogurt	
<b>Dish Of The Day:</b>				<b>Meatloaf</b>	<b>Pizzadillas</b>	<b>BBQ Chic Sandwich</b>	<b>Spaghetti O's</b>	<b>Pesto Chicken Pizza</b>
LUNCH	Milk	½ cup	¾ cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	¼ cup	Potatoes	Tex Mex Veggies	Broccoli Bites	Peas	Caesar Salad
	Fruit*	1/8 cup	¼ cup	Blueberries	Mandarin Oranges	Peaches	Pears	Fruit Cocktail
	Grain	½ oz eq	½ oz eq	Oatmeal in Loaf	Flour Tortillas	Wheat Buns	Ditalini Pasta	Enriched Pizza Dough
	Meat/Meat Alternative	1 oz	1 ½ oz	Ground Beef	Pepperoni, Mozz	Chicken	Hot Dogs	Chicken, Mozz
SNACK	Fruit	½ cup	½ cup		Grapes	Orange Slices		Apples
	Vegetable	½ cup	½ cup					
	Grain	½ oz eq	½ oz eq	Nutri Grain Bars	Cheddar Rice Cakes	3-5 Rice Krispies 1-2 Bunny Cookies	3-5 Salsa Sun Chips 1-2 Ritz Crackers	Chocolate Rice Cakes
	Meat/Meat* Yogurt	½ oz 2oz	½ oz 4oz	Cottage Cheese			Mozzarella Sticks	Extra: Sunbutter