April 29 - May 3, 2024

ROCHESTER CHILD CARE CENTER

RCCC is an equal opportunity provider and employer

MEAL	COMPONENT	AGES 6-11 mos	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BM/Formula	6-8 oz	BM/Formula	BM/Formula	BM/Formula	BM/Formula	BM/Formula
	Fruit/Vegetable	2 TBSP	Bananas	Pears	Applesauce	Berries	Bananas
	Grain/Protein	2- 4 oz	English Muffins, SB&J	Cranberry Pear Oatmeal	Turkey Sausage	Yogurt	Cottage Cheese
	Meal of the Day:		Stuffed Bread Sticks	Breakfast Tacos	Chicken with Rice	Tuna Noodle	Hawaiian Pizza
LUNCH	BM/Formula	6-8 oz	BM/Formula	BM/Formula	BM/Formula	BM/Formula	BM/Formula
	Fruit/Vegetable	2 TBSP	Cucumbers	Chili Beans	Broccoli	Peas	Cauliflower
	Grain/Protein	2- 4 oz	Mozz Stuffed Breadsticks	Eggs, Cheese, Tortilla	Chicken, Rice	Tuna, Pasta	Pizza with Ham
SNACK	BM/Formula	2-4 oz	BM/Formula	BM/Formula	BM/Formula	BM/Formula	BM/Formula
	Fruit/Vegetable	2 TBSP	Oranges	Bananas	Grapes	Apples	Baby Carrots
	Grain/Protein	2- 4 oz	Bunny Grahams	Chocolate Chip Muffins	Goldfish	Ritz Crackers	Pretzel Goldfish